



Judo Protocol – Khelo India Induction / Retention / Weed-out 2024-25

1. Athletes recognised from various tournaments (National & International) by TIDC Members are invited for the assessment camp.
2. Induction, Retention and Weed-out of Athletes is based on the recognised tournament medal marks (**Annexure 1**) and assessment camp tests (**Annexure 2**), normalized point system would be used for calculation of the Tournament marks (60% weightage) and Assessment marks (40% weightage) respectively for calculation of total marks.
3. The points for each individual tournament will be calculated as follows:
 - a) Duration of 1st April to 31st March to be considered
 - During the first 12 months after the tournament, the points will count at 100%.
 - After 12 months, the points will be reduced to 50%.
 - After 24 months, the points will be reduced to 0 and will no longer be counted.
4. Best performance to be considered for each category of Tournaments (in National and International). All types of selection trials at the national level may be included in National Selection/Ranking tournaments criteria. The Assessment Marks based on Age-wise category (Above 15 years & Below 15 years of age) and weight categories has been mentioned for Male and Female in the **Annexure 2**
5. Ranking of athletes for Induction/Retention will be prepared based on a combined ranking list for which the below mentioned Formula will be used: Weightage for Performance i.e. Medal points will be 60% and for Individual assessment points will be 40% in the Final Merit score (Normalization of points will be done accordingly to 100 points based on the ratio i.e. Maximum points for performance can be 60 points and for Individual assessment points the maximum cap would be 40 points) Final merit Score = Medal/Performance Points + Individuals Assessment points.

Annexure 1

S.No.	Tournaments	Gold	Silver	Bronze	Participation
National					
1	National Championship/National Games	10	8	6	4
2	Khelo India Youth Games / SGFI	10	8	6	4
3	National Selection / Ranking Tournaments	10	8	6	2
4	Khelo India University Games/All India University Tournament	8	6	4	2
5	Khelo India Leagues (Women/Men)	6	4	2	1
International					
6	Youth Olympic Games	20	18	16	10
7	World Championships (Jr. & Cadet)/Asian Games/Commonwealth Games	20	18	16	10
8	World Ranking Tournaments (Grand Slams & Grand Prix)	16	14	12	8
9	Asian Championships (Junior & Cadet)	16	14	12	8
10	Continental Cups/Opens	12	10	8	6
11	Commonwealth Championship (Junior, Senior, Cadet)	10	8	6	4

Marking Criteria (Below - 15 Years)

Boys Performanc e	Marks	Plank Test (Min)	Broad Jump (Mtr)	Push-Ups Test (Max)	Sit & Reach (Cm)	SJFT	Hand Grip Endurance Test Min/Sec	Hyper- extension (No of Rep in 30 Sec)	Multi-Stage Fitness Test (Yo- Yo Test)	30 Mtr Flying Test		
										Light Weight (- 50 kg to - 60 kg)	Middle Weight (- 66 kg to - 81 kg)	Heavy Weight (-90 kg to +90 kg)
Excellent	10	> 3 Min	≥2.20	≥45	≥30	<11.73	≥40	≥30	>50	>4.00 sec	>4.00 sec	>4.20 sec
Good	7	2 min to 3 min	2.10 to 2.19	40 to 44	25 to 29	11.74- 13.03	35 to 39	25 to 29	45-50	4.00sec- 4.20 sec	4.00sec- 4.20 sec	4.21sec-4.40 sec
Average	5	40 Sec to 2 min	2.00 to 2.09	35 to 39	20 to 24	13.04- 13.94	30 to 34	20 to 24	40-44	4.21sec- 4.40 sec	4.21sec- 4.40 sec	4.41 sec-4.60 sec
Poor	2	<40 Sec	<2.00	<35	<20	>14.85	<30	<20	<40	<4.41 sec	<4.41 sec	<4.61 sec
Girls Performanc e	Marks	Plank Test (Min)	Broad Jump (Mtr)	Push-Ups Test (Max)	Sit & Reach (Cm)	SJFT	Hand Grip Endurance Test Min/Sec	Hyper- extension	Multi-Stage Fitness Test (Yo- Yo Test)	30 Mtr Flying Test		
										Light Weight (- 40 kg to - 48 kg)	Middle Weight (- 52 kg to - 63 kg)	Heavy Weight (-70 kg to +70 kg)
Excellent	10	> 3 Min	≥2.00	≥30	≥30	<11.73	≥30	≥30	>48	>4.10 sec	>4.10 sec	>4.30 sec
Good	7	2 min to 3 min	1.90 to 1.99	25 to 29	25 to 29	11.74- 13.03	25 to 29	25 to 29	43-48	4.10 sec to 4.30 sec	4.10 sec to 4.30 sec	4.31 sec to 4.50 sec
Average	5	40 Sec to 2 min	1.80 to 1.89	20 to 24	20 to 24	13.04- 13.94	20 to 24	20 to 24	38-42	4.31 sec to 4.50 sec	4.31 sec to 4.50 sec	4.51 sec to 5.10 sec
Poor	2	<40 Sec	<1.80	<20	<20	>14.85	<20	<20	<38	<4.51 sec	<4.51 sec	<5.11 sec

